

ELMWOOD COMMUNITY CENTER

September 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
September 3 Senior Center Closed 	September 4 Chicken Fried Steak Mashed Potatoes/Gravy California Blend Vegetables Cake	September 5 Pork Cutlet Baked Potato w/ Sour Cream Mixed Vegetables Fruit	September 6 Chicken & Noodles Mashed Potatoes/Gravy Green Beans Cake	September 7 Goulash w/ Tomatoes Tossed Salad/Dressing Garlic Bread Pudding
September 10 Macaroni & Cheese Mixed Vegetables Coleslaw Peaches	September 11 Baked Ham Scalloped Potatoes Creamed Peas Fruited Jello <i>Patriot Day</i>	September 12 Meatballs w/ Mushroom Gravy Mashed Potatoes/ Gravy Corn Pudding	September 13 Beef Fritter Sweet Potato Green Beans Fruit <i>Board Meeting</i>	September 14 Salmon Loaf Scalloped Potatoes Broccoli Pears
September 17 Tater Tot Casserole Green Beans Tossed Salad w/ Spinach Ice Cream & Cookies <i>Cards</i>	September 18 Meatloaf Au gratin Potatoes Green Beans Fruit	September 19 Baked Chicken Mashed Potatoes/Gravy Corn Pudding	September 20 Roasted Pork Mashed Potatoes/Gravy Carrots & Peas Cake	September 21 Chicken Strips Baked Beans Potato Salad Ice Cream Sundae
September 24 Roast Beef Mashed Potatoes/Gravy Green Beans Fruit	September 25 Lasagna w/ Meatsauce Tossed Salad/Dressing Garlic Bread Pumpkin Bars	September 26 Baked Ham Mashed Potatoes/Gravy Corn Cake	September 27 Baked Chicken Breast Baked Potato Mixed Vegetables Fruit	September 28 Beef Stew w/ Carrots & Potatoes Rice Biscuit Pie

All meals are subject to change All meals include Milk, Bread and Margarine \$ 4.00 per meal

Please call for reservation before 9 am. 994-2145